Slow Cooker Chicken Chili

Chicken chili made in the slow cooker with Hurst's Hambeen Slow Cooker Chili Mix.

Prep Time	Cook Time	Total Time
15 mins	5 hrs 30 mins	5 hrs 45 mins



Course: Soup Cuisine: American

Keyword: Slow Cooker Chicken Chili Servings: 12 Calories: 147kcal

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Equipment

• Slow Cooker- 6 quart or larger

Ingredients

- 15.5 oz. pkg. Hurst's ® HamBeens ® Slow Cooker Chili
- 1 1/2 lbs. boneless skinless chicken breasts
- 1 sweet yellow onion diced
- 1 yellow bell pepper diced
- 3 garlic cloves minced
- 7 cups water
- 14.5 oz. can fire-roasted diced tomatoes
- 6 oz. can tomato paste
- 1/8 cup chopped cilantro
- salt to taste | recommend ½ to 1 teaspoon

Instructions

- 1. Rinse and sort through the dry beans, sort out any debris and discard. Add the rinsed beans to the slow cooker.
- 2. Add the chicken breasts, onion, bell pepper, garlic and water. Add half of the chili seasoning packet (included in the bean package). **Do not add tomato ingredients, salt or cilantro yet.**
- 3. Cover and cook on HIGH for 5 hours without opening the lid during the cooking time.
- 4. Shred the chicken with two forks, you can shred them right in the slow cooker.
- 5. Add the diced tomatoes, tomato paste and remaining chili seasonings stir until combined.
- 6. Cover and cook for an additional 30 minutes on LOW heat.
- 7. Add salt to taste and stir in the cilantro. Serve with desired toppings and enjoy!

Nutrition

Calories: 147kcal | Carbohydrates: 17g | Protein: 17g | Fat: 2g | Saturated Fat: 1g | Cholesterol: 36mg |

Sodium: 191mg | Potassium: 634mg | Fiber: 5g | Sugar: 4g | Vitamin A: 304IU | Vitamin C: 27mg |

Calcium: 48mg | Iron: 2mg

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