# **Slow Cooker Hawaiian Chicken**

This chicken has barbecue sauce, crushed pineapple and even bacon! Great over rice or even buns.

Prep Time	Cook Time	Total Time
20 mins	6 hrs	6 hrs 20 mins

Course: Main Course Cuisine: American Keyword: hawaiian chicken Servings: 6 Calories: 351kcal Author: Sarah Olson



5 from 3 votes

## Equipment

• Slow Cooker - 5 quart or larger

### Ingredients

- 1 1/2 lbs. boneless skinless chicken breasts
- 5 slices bacon, sliced and cooked
- 1 green bell pepper, diced
- 1 cup barbecue sauce (I use Sweet Baby Rays)
- 2 tsp. soy sauce
- 2 tsp. Worcestershire sauce
- 1/4 tsp. garlic powder
- 1/4 tsp. pepper
- 20 oz. can crushed pineapple, drained very well

#### Instructions

- 1. Add the chicken breast to the slow cooker. Add remaining ingredients and stir the toppings on top of the chicken to combine.
- 2. Cover and cook on low for 6 hours without opening the lid during the cooking time.
- 3. If desired shred the chicken. Serve over white or brown rice, or hamburger buns. Enjoy!

### Nutrition

Calories: 351kcal | Carbohydrates: 35g | Protein: 27g | Fat: 10g | Saturated Fat: 3g | Cholesterol: 84mg | Sodium: 852mg | Potassium: 731mg | Fiber: 2g | Sugar: 29g | Vitamin A: 26010 | Vitamin C: 26.7mg | Calcium: 40mg | Iron: 1.3mg

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