

Slow Cooker Seasoned Chicken, Potatoes and Green Beans

A healthy one pot slow cooker recipe. A homemade marinade pour over chicken, red potatoes and fresh green beans.



Prep Time
10 mins

Cook Time
4 hrs

Total Time
4 hrs 10 mins



4.91 from 75 votes

Course: Main Course Cuisine: American

Keyword: Chicken, Potatoes and Green Beans Servings: 4 Calories: 506kcal

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Equipment

- Slow Cooker - 6-quart oval

Ingredients

- 2 lbs Boneless Skinless Chicken Breasts
- 1/2 lb. fresh green beans trimmed (about 2.5 cups)
- 1 1/4 lb. diced red potatoes about 4 cups

Homemade dressing ingredients:

- 1/3 cup FRESH lemon juice (NOT BOTTLED) (1 large or 2 small lemons)
- 1/4 cup olive oil
- 1 tsp. dried oregano
- 1 tsp. salt
- 1/4 tsp. pepper
- 1/4 tsp. onion powder
- 2 garlic cloves minced

Instructions

1. Start by placing the chicken in a 6-quart slow cooker, in the center. Next, add the green beans on one side. Then for the potatoes, you will need to mound them high off to the other side.
2. In a medium-sized bowl, whisk together the lemon juice, olive oil, oregano, salt, pepper, onion powder, and garlic cloves.
3. Pour this mixture evenly over the chicken, green beans and potatoes.
4. Cover and cook on HIGH for 4 hours or LOW for 7 hours, without opening the lid during the cooking time.
5. Note- Do NOT use lemon juice out of squeeze bottle, the recipe will not turn out correct.

Notes

Want to use an Italian dressing mix instead of the homemade dressing? Forgo all the dressing ingredients in the recipe and drizzle over a half cup of butter over the chicken potatoes and green beans, sprinkle over the Italian dressing mix.

Prefer a different vegetable? Try broccoli, asparagus, carrots or corn in place of the green beans. You can even do double potatoes!

Nutritional values are approximate. Please use your own calculations if you require a special diet. The values below are for 1/4 of the recipe.

Nutrition

Calories: 506kcal | Carbohydrates: 30g | Protein: 52g | Fat: 20g | Saturated Fat: 3g | Cholesterol: 145mg | Sodium: 771mg | Potassium: 1640mg | Fiber: 5g | Sugar: 4g | Vitamin A: 480IU | Vitamin C: 30.2mg | Calcium: 69mg | Iron: 3mg

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