# Slow Cooker Steak House Chili

Thick and hearty chili with a few secret ingredients. Not your average chili

Prep Time	Cook Time	Total Time
5 mins	8 hrs	8 hrs 5 mins

Course: Soup Cuisine: American Keyword: steakhoue chili

Servings: 6 Calories: 395kcal Author: Sarah Olson



5 from 3 votes

## **Ingredients**

- 1 1/2 lb. cubed sirloin or stew meat
- 4 cups water
- .50 oz. dry au jus (half of a 1 ounce packet)
- 1.25 oz. taco seasoning packet
- 6 oz. tomato paste
- 30 oz. kidney beans drained (two 15-oz cans)
- 16 oz. container fresh salsa (found in the refrigerated section of the store, not too chunky, I use Reser's Restaurant style)

#### For serving:

- Fritos (regular kind, not scoops)
- shredded cheese
- sour cream

#### Instructions

- 1. In your slow cooker, add 4 cups water a half packet of au jus mix, taco seasoning packet, and tomato paste.
- 2. Whisk until smooth.
- 3. Add stew meat, or sirloin, and drained kidney beans.
- 4. DO NOT ADD SALSA YET!
- 5. Cook on low for 8 to 9 hours.
- 6. Stir in fresh salsa.
- 7. Cook for 20 minutes longer, just enough to warm it up again.
- 8. Serve with fritos on top.
- 9. If the chili is too salty for your taste, add some water at the end of cooking time.

### **Nutrition**

Calories: 395kcal | Carbohydrates: 46g | Protein: 40g | Fat: 7g | Saturated Fat: 2g | Cholesterol: 70mg | Sodium: 1317mg | Potassium: 1461mg | Fiber: 14g | Sugar: 8g | Vitamin A: 1349IU | Vitamin C: 12mg |

Calcium: 99mg | Iron: 8mg