Slow Cooker Teriyaki Meatbals

Easy recipe for meatballs in the slow cooker with teriyaki sauce and onion.

Prep Time	Cook Time
5 mins	2 hrs 30 mins

Course: Main Course Cuisine: American Keyword: teriyaki meatballs Servings: 8 Calories: 359kcal Author: Sarah Olson

5 from 4 votes

Equipment

• Slow Cooker - 4 quart or larger

Ingredients

- 32 oz. frozen meatballs turkey or homestyle beef (these meataballs are precooked and frozen in a bag).
- 15 oz. Kona Coast Island Teriyaki (or pineapple paradise flavor)
- 1 sweet yellow onion diced
- green onions for serving

Instructions

- 1. Add the frozen meatballs to the slow cooker.
- 2. Add the teriyaki sauce and onion. Stir.
- 3. Place the lid on the slow cooker. Cover and cook on HIGH for 2.5 hours or low for 4 hours. Or until the meatballs are hot on the inside. Stir occasionally for teriyaki can tend to burn in the slow cooker.
- 4. When the cooking time is done add sliced green onion. Serve or rice or as an appetizer with toothpicks.

Notes

Can I add pineapple?

• Yes, to make Hawaiian flavored meatballs add one 20-ounce can of pineapple tidbits or 2 cups diced fresh pineapple.

Nutrition is approximate, please calculate your own calculations if you require a special diet.

Nutrition

Calories: 359kcal | Carbohydrates: 11g | Protein: 23g | Fat: 24g | Saturated Fat: 9g | Cholesterol: 82mg | Sodium: 2104mg | Potassium: 494mg | Fiber: 1g | Sugar: 10g | Vitamin A: 8IU | Vitamin C: 3mg | Calcium: 37mg | Iron: 2mg